

**ST. JAMES PARISH CHURCH**  
**HYMNS For FEBRUARY 22, 2026**  
**FIRST SUNDAY IN LENT**

**HYMN FOR THE INTROIT: 406**

1. Be thou my guardian and my guide,  
and hear me when I call;  
let not my slippery footsteps slide,  
and hold me lest I fall.
2. The world, the flesh, and Satan dwell  
around the path I tread;  
O save me from the snares of hell,  
thou Quickener of the dead.
3. And if I tempted am to sin,  
and outward things are strong,  
do thou, O Lord, keep watch within,  
and save my soul from wrong.
4. Still let me ever watch and pray,  
and feel that I am frail;  
that if the tempter cross my way,  
yet he may not prevail.

## **HYMN FOR THE GRADUAL: 114**

1. Forty days and forty nights  
thou wast fasting in the wild;  
forty days and forty nights  
tempted, and yet undefiled.
2. Sunbeams scorching all the day;  
chilly dew-drops nightly shed;  
prowling beasts about thy way;  
stones thy pillow; earth thy bed.
3. Shall not we thy sorrow share  
and from earthly joys abstain,  
fasting with unceasing prayer,  
glad with thee to suffer pain?
4. And if Satan, vexing sore,  
flesh or spirit should assail,  
thou, his Vanquisher before,  
grant we may not faint nor fail.
5. So shall we have peace divine:  
holier gladness ours shall be;  
round us too shall angels shine,  
such as ministered to thee.
6. Keep, O keep us, Saviour dear,  
ever constant by thy side;  
that with thee we may appear  
at th' eternal Eastertide.

## **HYMN FOR THE OFFERTORY: 115**

1. Good it is to keep the fast,  
Shadowed forth in ages past,  
Which our own Almighty Lord  
Hallowed by His deed and Word.
2. Moses, while he fasted, saw  
God Who gave by him the law;  
To Elijah angels came,  
Steeds of fire and car of flame.
3. So was Daniel meet to gaze  
On the sight of latter days  
And the Baptist to proclaim  
Blessings through the Bridegroom's Name.
4. Grant us, Lord, like them to be  
Oft in prayer and fast with Thee;  
Fill us with Thy heavenly might,  
Be our Joy and true Delight.
5. Father, hear us through Thy Son,  
And the Spirit, with Thee One,  
Whom our thankful hearts adore,  
Ever and forevermore.

## **HYMN FOR THE OFFERTORY: 456**

1. My hope is built on nothing less  
than Jesus' blood and righteousness.  
no merit of my own I claim,  
but wholly lean on Jesus' name.

### **Refrain:**

*On Christ the solid rock I stand,*

*all other ground is sinking sand;  
all other ground is sinking sand.*

2. When weary in this earthly race,  
I rest on his unchanging grace.  
in every wild and stormy gale,  
my anchor holds and will not fail.

### **Refrain**

3. His vow, his covenant, and blood  
are my defence against the flood.  
when earthly hopes are swept away  
he will uphold me on that day.

### **Refrain**

4. When the last trumpet's voice shall sound,  
O may I then in him be found!  
Clothed in his righteousness alone,  
faultless to stand before his throne!

### **Refrain**

## **HYMN FOR THE COMMUNION: 626**

1. We hail thy presence glorious,  
O Christ our great High Priest,  
o'er sin and death victorious,  
at thy thanksgiving feast:  
as thou art interceding  
for us in heaven above,  
thy church on earth is pleading  
thy perfect work of love.
2. Through thee in every nation  
thine own their hearts upraise,  
offering one pure oblation,

one sacrifice of praise:  
with thee in blest communion  
the living and the dead  
are joined in closest union,  
one body with one Head.

3. \*O living bread from heaven,  
Jesu, our Saviour good,  
who thine own self hast given  
to be our souls' true food;  
for us thy body broken  
hung on the cross of shame:  
this bread its hallowed token  
we break in thy dear name.

4. \*O stream of love unending,  
poured from the one true vine,  
with our weak nature blending  
the strength of life divine;  
our thankful faith confessing  
in thy life-blood outpoured,  
we drink this cup of blessing  
and praise thy name, O Lord.

5. May we thy word believing  
thee through thy gifts receive,  
that, thou within us living,  
we all to God may live;  
draw us from earth to heaven  
till sin and sorrow cease,  
forgiving and forgiven,  
in love and joy and peace.

## **HYMN FOR THE BLESSING: 645**

1. Do no sinful action,  
speak no angry word:  
ye belong to Jesus,  
children of the Lord.
2. Christ is kind and gentle,  
Christ is pure and true;  
and his little children  
must be holy too.
3. There's a wicked spirit  
watching round you still,  
and he tries to tempt you  
to all harm and ill.
4. But ye must not hear him,  
though 'tis hard for you  
to resist the evil,  
and the good to do.
5. For ye promised truly,  
in your infant days,  
to renounce him wholly,  
and forsake his ways.
6. Ye are new-born Christians,  
ye must learn to fight  
with the bad within you,  
and to do the right.
7. Christ is your own Master;  
he is good and true,  
and his little children  
must be holy too.

## HYMN FOR THE RECESSON: 425

1. O happy band of pilgrims,  
if onward ye will tread  
with Jesus as your fellow  
to Jesus as your Head!
2. O happy, if ye labour  
as Jesus did for men!  
O happy, if ye hunger  
as Jesus hungered then!
3. The cross that Jesus carried  
he carried as your due:  
the crown that Jesus weareth  
he weareth it for you.
4. The faith by which ye see him,  
the hope, in which ye yearn,  
the love that through all troubles  
to him alone will turn,
5. The trials that beset you,  
the sorrows ye endure,  
the manifold temptations  
that death alone can cure.
6. What are they, but his jewels  
of right celestial worth?  
What are they but the ladder,  
set up to heaven on earth?
7. O happy band of pilgrims,  
look upward to the skies,  
where such a light affliction  
shall win so great a prize.